

Asthma Awareness Month

May is designated “Asthma Awareness Month” and May 1st is World Asthma Day. The month will focus on increasing public understanding of asthma, environmental asthma triggers and asthma management. Asthma is a serious chronic disease of the lungs that causes swelling (inflammation) in the airways. Asthma cannot be cured, but it can be controlled so that people live active and healthy lives. Approximately 179,000 children and 579,000 adults currently have asthma in New Jersey. For more information on Asthma visit www.state.nj.us/health/fhs/asthma and for asthma resources visit www.pacnj.org. For World Asthma Day 2012, CDC is pleased to share a new “Data Brief” <http://www.cdc.gov/nchs/data/databriefs/db94.pdf> and other exciting material at http://www.cdc.gov/asthma/asthma_awareness_month.htm