



The Intergenerational School Breakfast Program

The Intergenerational School Breakfast Program pairs adult volunteers with young children, pre-kindergarten through the third grade, during the school breakfast program. It is an initiative of the Departments of Health and Senior Services, Agriculture, and Education, with a goal to have volunteers serve in the school breakfast program as role models for young children. The volunteers read storybooks to the children and teach them about the importance of good nutrition and eating breakfast.

Volunteers receive a canvas tote bag containing 8 children's books and a volunteer training manual.

Book	Author	Monthly Topic
Growing Vegetable Soup	Lois Ehlert	Vegetables
Eating the Alphabet	Lois Ehlert	Food Guide Pyramid
Gregory, the Terrible Eater	Mitchell Sharmat	Fruits
Feast For 10	Cathryn Falwell	Holiday Foods
The Wheat We Eat	Allan Fowler	Grains
You Are What You Eat	Sharon Gordan	Snacking
I Think I Forgot Something	Michelle Lombardo	Breakfast
One Hungry Monster	Susan O'Keefe	Dairy

Schools receive nutrition support materials which may include; educational hand-outs, coloring pages, recipes, stickers and magnets that can be provided to the children and coincide with the nutrition topic of the month.

Schools are encouraged to contact community, volunteer or local civic groups for volunteers or utilize parents, grandparents or others from the school community.

If you are interested in volunteering for this program or would like information on starting this program in your local school district log on www.nj.gov/health/isbp

