

GUIDE to INFORMATION and EDUCATION TRAINING SESSIONS

JANUARY – JUNE, 2008

Key:

TBD - to be determined

PCT - Person Centered Thinking

ELP - Essential Lifestyle Planning

Life Line for the Journey

Housing Panels

Family Forums

Pathways to Adult Life

Life After 21 Parts I and II

Families Planning Together

The Guide to Information and Education Training Sessions is a collaboration between Neighbours, Inc., the Division of Developmental Disabilities (DDD), the Family Support Network of New Jersey, Caregivers, Values Into Action, The Elizabeth M. Boggs Center on Developmental Disabilities (NJ's University Center for Excellence – UMDNJ), and the Developmental Disabilities Family Education Project, School of Public Health, (UMDNJ).

INFORMATION and TRAINING GUIDE

DESCRIPTIONS

Person Centered Thinking

Person Centered Thinking is an approach to planning intended to change the way we plan, design, and deliver supports. This workshop provides an introduction to the philosophy and values of person centered thinking that is essential in developing the skills needed for effective plan writing and implementation.

Who should attend?

Open to all individuals with disabilities and their families. Highly recommended for families with school age children, families planning for Transition to Adult-life, and individuals living in Developmental Centers. Also open to Division of Developmental Disabilities (DDD) staff, Agency representatives, and personnel working at Developmental Centers.

Length of training: 2 days, 9:30 AM – 3:30 PM each day.

Essential Lifestyle Planning: **Prerequisite: Completion of Person Centered Thinking**

Essential Lifestyle Planning is an approach to person-centered planning intended to change the way we plan, design, and deliver supports. This workshop is designed for those interested in learning to write Essential Lifestyle Plans. Participants will learn how to gather information to produce powerful and easy to use plans.

Who should attend?

Open to all individuals with disabilities and their families. Highly recommended for families with school age children, families planning for Transition to Adult-life, and individuals living in Developmental Centers. Also, open to The Division of Developmental Disabilities (DDD) staff, Agency representatives, including personnel working at Developmental Center.

Length of training: 3 days, 9:30 a.m. – 3:30 p.m. each day

Life Line for the Journey:

This is an interactive information session designed to help people learn about different systems that may touch the life of your family member, what each has to offer, and what some of the similarities and differences are among them. You are invited to discover what your next steps might be to help your child and your family.

Who should attend?

Families of children birth to age 14

Length of training:

Pathways to Adult Life

This information and education session will focus primarily on the years of transition from high school to adult life. All young people ask the same questions: What will I do? Where will I live? Will I work, or go, on to more education. The answers to questions are addressed in this workshop. This session will assist individuals with disabilities and their families with making informed choice during their transition from education to adult services.

Who should attend?

Families of children between the ages of 14 and 20

Length of training: 10:00 a.m. to 12:30 p.m. weekdays
6:00 p.m. to 8:30 p.m. evenings
10:30 a.m. to 1:00 p.m. Saturdays

Life After 21 – Transition Workshop Part I:

This session provides skills and tools to plan supports and services based on individual needs. Resource information regarding Day Program/Day Service options is distributed to participants.

Who should attend?

Families with Transition Age young adults about to graduate or age out of school

Length of Training: 6:00 p.m. to 8:00 p.m.

Life After 21 – Transition Workshop II: Spring Sessions

This information and education session provides information on the Division of Developmental Disabilities (DDD) Traditional Day Program Supports and DDD Self-Directed options (formerly Real Life Choices for Transition) and “The Provider Marketplace” is an opportunity for families to become acquainted with Agencies providing supports and services for their neighborhoods.

Who should attend?

Families with Transition Age young adults about to graduate high school

Length of Information Session: 6:00 p.m. to 8:30 p.m.

Families Planning Together:

This is an opportunity for families to use the tools, the training and opportunities to learn to gather information that can be entered into an Essential Lifestyle Plan and opportunities for families to network and share information. It is offered during the Spring.

Prerequisite:

Life After 21
Part I

Length of the training: 10:00 a.m. to 1:00 p.m.

Family Forum

The Developmental Disabilities Family Education Project helps families to: envision possibilities for a family member in community living; learn about and participate in the transition process; and, provide support to a family member throughout the transition to community living. Family Forums are held four times per year by the Developmental Disabilities Education Project to provide families with a picture of how community living is working for people who have transitioned from developmental centers. At meetings like the Family Forum, families, provider agencies, and individuals share stories of successes and lessons learned in making the transition.

Who should attend? Anyone person or family member who is considering transitioning from a developmental center into the community or is curious about community living is invited to attend.

Length of forum: 9:30 a.m. to 1:00 p.m.

New Beginnings Family Meetings

Will provide families with a detailed introduction to the transition process, and opportunities in community living, These small group meetings are held throughout the state, focusing on communities near the developmental centers where the new transition process is beginning. The Family Meetings build upon the information provided at the Family Forums, and prepare families for participation in Support Coordination. The New Beginnings Family Meetings are conducted by the Developmental Disabilities Education Project at The School of Public Health, the University of Medicine and Dentistry.

Who should attend? Anyone person or family member who is interested in transitioning from a developmental center into the community or is curious about community living is invited to attend,

Length of meetings: 2 ½ hours vary

Housing Panel

Adults who are living in or are in the process of moving into their own homes, their parents, staff from Real Life Choices, Housing Specialists, Support Coordinators who assist individuals to locate their own homes, and Attorneys skilled in the nuts and bolts of Special Needs Trusts and other legal issues all provide information on the practical and technical aspects of moving into Supportive Housing. Persons with disabilities and their family members also have the opportunity to share information with each other and continue to learn about independent community based housing that people with developmental disabilities are choosing and using with success.

Who should attend?

Recommended for families of people living in Developmental Centers or those who are part of the Real Life Choices Systems change, also open to The Division of Developmental Disabilities (DDD) staff, Support Coordination Agency representatives, including personnel working at Developmental Centers.

Length of panel discussion: 10:30 a.m. to 12:30 p.m.

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JANUARY – JUNE 2008

DATE	COUNTY	TIME	TRAINING TITLE	LOCATION	PROVIDER	CONTACT INFORMATION REGISTRAR
Jan. 8, 9	Mercer	9:30 a.m. 3:30 p.m.	PCT	Caregivers of N 4 West Park Street Bordentown, NJ 08505	Neighbours, Inc.	Anne Romano 609-275-0606 anneromano@neighbours-inc.com
Jan. 29	Mercer	10:00 a.m. 3:00 p.m.	A Conversation of Self-Direction Supports	NJACP 1005 Whitehead Road Extension, Suite B Ewing, NJ 08638	NJACP Neighbours, Inc.	Katie Pierce 609-406-1400 609-406-1442 Fax www.njacp.org
Jan. 29-30	Middlesex	9:30 a.m. 3:30 p.m.	PCT	Liberty Plaza 335 George Street New Brunswick, NJ 08903	The Boggs Center	Beth Ong 732-235-9327 elizabeth.ong@umdnj.edu
Jan.30	Mercer	9:30 a.m. 4:00 p.m.	Leading Deep Change	NJACP 1005 Whitehead Road Extension, Suite B Ewing, NJ 08638	NJACP/Neighbours Inc.	Anne Romano 609-275-0606 anneromano@neighbours-inc.com
Feb. 14-15	Monmouth	9:30 a.m. 3:30 p.m.	PCT	Arc of Monmouth 1158 Wayside Road Tinton Falls, NJ 07712	The Boggs Center	Beth Ong 732-235-9327 elizabeth.ong@umdnj.edu
Feb. 21	Mercer	10:00 a.m. 4:00 p.m.	Housing Panel Exploring Housing Options in Self- Direction	NJACP 1005 Whitehead road Extension Suite 1B Ewing, NJ 08638	NJACP Neighbours, Inc	Katie Pierce 609-406-1400
Feb. 21, 22 Mar. 26	Hunterdon	9:30 a.m. 3:30 p.m.	ELP	Hunterdon Developmental Center Clinton, NJ	Neighbours, Inc.	Anne Romano 609-275-0606 anneromano@neighbours-inc.com
Feb. 28-29	Hunterdon	9:30 a.m. 3:30 p.m.	PCT	Hunterdon Developmental Center Clinton, NJ	Neighbours, Inc.	Anne Romano 609-27225-0606 anneromano@neighbours-inc.com

Mar. 6-7	Atlantic	9:30 a.m. 3:30 p.m.	PCT	Arc of Atlantic 550 Delilah Road Egg Harbor Twp., NJ 08234	The Boggs Center	732-235-9327 Beth Ong eizabeth.ong@umdnj.edu
Mar. 8	Union	10:00 a.m. 12:30 p.m.	Pathways to Adult Life	Clark Public Library 303 Westfield Avenue Clark, NJ 07066	Family Support Center of New Jersey	Laura Kay 732-528-8080 Laura.kay@fscnj.org
Mar. 10	Mercer		Housing Panel	NJACP 1005 Whitehead Road Extension Suite1B Ewing, NJ 08638	NJACP Neighbours	Katie Pierce 609-406-1400
Mar. 11	Atlantic	10:00 a.m. 12:30 p.m.	Pathways to Adult Life	Atlantic Community College 5100 Black Horse Pike Mays Landing, NJ 08330	Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Mar. 11, 12		9:30 a.m. 3:30 p.m.	PCT	North Jersey Developmental Center Totowa, NJ	Neighbours, Inc	609-275-0606 Anne Romano anneromano@neighbours-inc.com
Mar. 13	Hudson	6:00 p.m. to 8:30 p.m.	Life After 21	Secaucus Library 13379 Paterson Plank Road Secaucus, NJ 07652	Neighbours, Inc	Anne Romano 609-275-0606 anneromano@neighbours-inc.com
Mar. 19	Bergen	6:00 p.m. 8:30 p.m.	Life After 21 Part II	Norman Bleshman Day School 333 Ridgewood Avenue Paramus, NJ 07042	Neighbours, Inc	Anne Romano 609-275-0606 anneromano@neighbours-inc.com
Mar. 25	Essex	6:00 p.m. 8:30 p.m.	Life After 21 Part II	Montclair High School George Inness Atrium 141 Park Street Montclair, NJ 07042	Family Support Center of New Jersey	Laura Kay 732-528-808 laura.kay@fscnj.org
Mar. 26, 27 & May 15	Middlesex	9:30 a.m. 3:30 p.m.	ELP	Liberty Plaza 335 George Street New Brunswick, NJ 08903	The Boggs Center	Beth Ong 732-235-9327 elizabeth.ong@umdnj.edu

Apr. 1	Atlantic	6:00 p.m. 8:30 p.m.	Life After 21 Part II	Atlantic County Library Mays Landing Branch 40 Farragut Ave. Mays Landing, NJ 08330	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 3	Mercer	6:00 p.m. 8:30 p.m.	Life After 21 Part II	Project Freedom 715 Kuser Road Hamilton, NJ 08619	Atlantic County Library Mays Landing Branch 40 Farragut Ave. Mays Landing, NJ 08330	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 5	Middlesex	8:00 a.m. 3:30 p.m.	REAL LIFE CHOICES CONFERENCE	Hyatt Regency New Brunswick Albany Street New Brunswick, NJ 08903	Neighbours, Inc	Anne Romano 609-275-0606 anneromano@neighbours-inc.com
Apr. 8	Bergen	6:00 p.m. 8:30 p.m.	Pathways to Adult Life	Johnson Public Library 274 Main Street Hackensack, NJ 07601	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 10	Middlesex	6:00 p.m. 8:30 p.m.	Life After 21	The Raritan Valley Academy 1690 Stelton Road Piscataway, NJ 08854	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 11	TBD		Family Forum		Developmental Disabilities Family Education Project UMDNJ	Lynne Boettinger 732-235-3910 boettily@umdnj.edu
Apr. 12	TBD		Family Forum	Sheraton at Woodbridge 515 Route 1 South Iselin, NJ	Developmental Disabilities Family Education Project UMDNJ	Lynn Boetinger 732-235-3910 boettily@umdnj.edu
Apr. 15	Burlington	6:00 p.m. 8:30 p.m.	Life After 21	Burlington County Human Services 795 Woodlane Road Mount Holly, NJ 08060	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 17	Monmouth	6:00 p.m. 8:30 p.m.	Life After 21	Monmouth County Library Marlboto Branch	The Family Support Center of New Jersey	Laura Kay 732-528-8080

				1 Library Ct & Wyncrest Drive Marlboro, NJ 07746-1184		laura.kay@fscnj.org
Apr. 22	Morris	6:00 p.m. 8:30 p.m.	Life After 21	County College of Morris 214 Center Grove Road Randolph, NJ 07869	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 23	Somerset	6:00 p.m. 8:30 p.m.	Life After 21	Franklin Township Library 485 DeMatt Lane Somerset, NJ 07869	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 26	Monmouth	10:00 a.m. 12:30 p.m.	Pathways to Adult Life	Arc of Monmouth 1158 Wayside Road Tinton Falls, NJ 07712	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Apr. 30, May 1, May 2	TBD		PATH/MAPS		Neighbours, Inc	Anne Romano 609-275-0606 anneromano@neighbours-inc.com
May 7	Essex	6:00 p.m. 8:30 p.m.	Pathways to Adult Life	Millburn Public Library 200 Glen Avenue Millburn, NJ	The Family Support Center of New Jersey	Laura Kay 732-538-8080 laura.kay@fscnj.org
Mar. 10	Mercer	10:00 a.m. 4:00 p.m.	Housing Panel 10 Exploring Creative Housing Options	NJACP 1005 Whitehead Road Extension, Suite 1B Ewing, NJ 08638	NJACP Neighbours, Inc	Katie Pierce 609-406-1400
May 10	Somerset		SLLF-DIRECTED SUPPORTS CONFERENCE	Doubletree Hotel 200 Atrium Drive Somerset, NJ 08873	The Boggs Center	Beth Ong 732-235-9327 Elizabeth.ong@umdnj.edu
May 13	Hunterdon	6:00 p.m. 8:30 p.m.	Pathways to Adult Life	North Hunterdon High School 1445 State Route 31 Annandale, NJ 08801	The Family Support Center of New Jersey	Laura Kay 732-528-8080 laura.kay@fscnj.org
Sept. 19 or 20 HOLD	Burlington	TBD			Developmental Disabilities Family Education Project UMDNJ	Lynne Boettinger 732-235-3910 boettily@umdnj.edu
Dec. 5 or 6 HOLD		TBD			Developmental Disabilities Family Education Project UMDNJ	Lynne Boettinger 732-235-3910 boettily@umdnj.edu