

## **Adult Day Social Program in New Jersey: Frequently Asked Questions (FAQ)**

This FAQ sheet provides answers to frequently asked questions from individuals and organizations that have expressed an interest in starting an **Adult Day Social (ADS)** Program in New Jersey. It is intended to be a source of general information.

### **1. How do I get a license to start an ADS?**

The ADS is not a licensed service.

### **2. How can I start my own ADS?**

The National Adult Day Services Association (NADSA) offers general (not specific to NJ) resources and information about Adult Day Services guidelines and standards. <http://www.nadsa.org>.

The Brookdale Foundation has general (not specific to NJ) literature available on this subject under the term Group Respite. You may send your request to the foundation at 950 Third Avenue, 19<sup>th</sup> Floor, New York, NY 10022, or call 212-308-7355. website: [www.brookdalefoundation.org](http://www.brookdalefoundation.org)

**Physical plant and staffing:** It is strongly recommended that you review the regulations for licensed adult day health services for guidance. This will give you an indication of the parameters for adult day care in New Jersey. You will find the regulations (**N.J.A.C. 8:43F Standards for Licensure of Adult and Pediatric Day Health Services**) on the State's website: <http://nj.gov/health/healthfacilities/rules.shtml>.

### **3. Does the State help pay to start an ADS?**

The State does **not** fund the start up costs for ADS. That is the responsibility of the provider. There may be foundations or grants that help pay for start up costs. The provider will have to research the various sources of funding for start up costs.

### **4. What type of reimbursement is available for ADS?**

- Persons attending ADS can pay privately.
- Persons with limited income and resources may be eligible for various programs that will reimburse or partially subsidize the cost of attending ADS.

## 5. Please list some sources of reimbursement for ADS.

### **Medicaid waiver - (reimbursement for ADS is \$31.12.):**

- Managed Long-Term Services and Supports (MLTSS) - **Medicaid Waiver will pay for ADS ONLY if the participant is enrolled in a Medicaid Waiver that covers ADS services AND the center is a Medicaid Waiver provider AND the service is authorized by the MLTSS care manager.**

### **State-funded programs (Reimbursement varies with each program.):**

- Jersey Assistance for Community Caregiving (JACC)
- Adult Day Services Program for Persons with Alzheimer's Disease or Related Disorders (AADSP)
- Statewide Respite Care Program (SRCP)

**Other sources of reimbursement** may be available through your county Area Agency on Aging/Aging and Disability Resource Connection (AAA/ADRC). Please consult the county government section of the telephone directory or call 1-877-222-3737.

## 6. Provider Application Information.

- Provider applicants for Managed Long-Term Services and Supports (MLTSS), New Jersey's Medicaid Waiver program for home and community-based services, may enroll directly with the program's contracted Managed Care Organizations (MCOs). A list of MCOs can be found at <http://www.state.nj.us/humanservices/dmahs/clients/medicaid/hmo>.
- Provider applicants for Jersey Assistance for Community Caregiving (JACC) may call (609) 588-7265 for information and applications.
- Provider applicants for the Adult Day Services Program for Persons with Alzheimer's Disease or Related Disorders (AADSP): Providers must have been in operation for at least a year to be considered for the Letter of Agreement (LOA) with the New Jersey Department of Human Services. Applications are contingent upon the availability of funding. Providers may call (609) 588-6532 for more information.
- Provider applicants for the Statewide Respite Care Program (SRCP) should contact the SRCP sponsor agency in their county of operation about contracting for this service. Providers may contact their local AAA/ADRC at 1-877-222-3737, for the name of the sponsor agency.

## **7. Provider – Qualifications and Performance Evaluation Standards Criteria for Adult Day Social Programs.**

### **A. Provider Qualifications:**

- I. Meets the Performance Evaluation Standards Criteria listed below and:
  - a. possesses business authority to conduct such business in New Jersey;
  - b. possesses proof of compliance with all applicable laws, codes, and regulations, including physical plant requirements, fire safety, ADA compliance; and
  - c. possesses proper insurance coverage; or
- II. **Possesses a formal agreement with a government entity to provide this service;** or
- III. Is a Medicaid enrolled provider who has met the requirements listed in I and II and the Performance Evaluation Standards Criteria listed below.

### **B. Performance Evaluation Standards Criteria:**

1. Facility: License or occupancy permit available; Police and fire department responses agreements; Written safety and emergency management policies and procedures.
2. Personnel: Program director designated; Adequate staff to meet program needs of target population, and, at minimum, nurse consultant identified.
3. Client population: Criteria for target population established based on resources and program capabilities of facility.
4. Program activities: Planned and ongoing age appropriate activities based on social, physical, and cognitive needs of the target population
5. Individualized plans of care: Plans of care based on identified individual client needs, jointly developed with clients and family, updated at least quarterly.
6. Social Services: Coordination with, and referrals to, available community agencies and services; Quarterly contact with families.
7. Nutrition: A minimum of one nutritionally balanced meal per day provided, special diet needs met and snacks provided as necessary.
8. Health management: Initial health profile completed and monthly weights taken and other health related observations recorded in the client record as necessary.
9. Personal care: Personal assistance as needed with mobility and ADLs.